

**Edible Essex Talk**

**By Christine Walkden**

# **Simple Ways to Grow Your Own---in the UK's driest county**

**Thursday, 16<sup>th</sup> February 2012**

**19.30, Writtle College**

**Sponsored by Essex & Suffolk Water**

There is nothing like growing your own vegetables. The excitement of sowing a seed, seeing it come through the soil, harvesting and then eating it is one of life's great thrills. You do not even need a garden to grow vegetables, as a seed tray, an old plastic milk bottle, a takeaway food box or really any container can reap its rewards.

In these economically difficult times, growing your own veg is an attractive option for gardening novices as well as those with some experience. In her talk, Christine will highlight how to make the most of your vegetable garden or containers, with handy hints and tips on getting it right first time, efficient watering and what grows well in Essex, the driest county in the UK.

**About the speaker:**

Christine Walkden has been a horticulturist since the age of ten when she first obtained an allotment and started growing vegetables and flowers, which she sold to her school teachers and local residents. Christine is an author, lecturer and broadcaster, presenting on various radio and TV programmes. She is currently the resident gardening expert for BBC 1's The One Show. This talk is suitable for both novice vegetable growers and those looking for a few handy tips. Christine will be signing her new book "**No nonsense vegetable gardening**", so bring along your copy, or purchase one at the event.

**Tickets:**

Attendance is **FREE** but booking is **ESSENTIAL**. To obtain a ticket please contact Sophie Blythe by email: [Sophie.Blythe@essexrcc.org.uk](mailto:Sophie.Blythe@essexrcc.org.uk), or phone: 01376 574330 or visit [www.essexrcc.org.uk](http://www.essexrcc.org.uk)

**No admittance without a ticket!**